

**North Valley Eye Care, P.C. · Dr. Justin L. Kohls · Dr. Michelle A. Kohls**

**New Patient History Form**

**Name:** \_\_\_\_\_ **Nickname:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Date of**

**Birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_

If child, Name of Parent(s): \_\_\_\_\_ **Email**

**Address:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Daytime Phone:** \_\_\_\_\_ **Cell Phone:**

\_\_\_\_\_  
**Employer/Occupation:** \_\_\_\_\_ **Hobbies/**

**Interests:** \_\_\_\_\_

**How did you hear about our office?**  Saw our sign  Insurance Website  Social Media  Referral by friend or family and

Name of Person who referred you here? \_\_\_\_\_ and relationship to you? \_\_\_\_\_

Other \_\_\_\_\_

Name of **Vision Insurance** or  None

\_\_\_\_\_  
Name of primary person on Vision Plan or  Self \_\_\_\_\_ Primary Insured's

Employer: \_\_\_\_\_

Name of **Medical Insurance** or  None \_\_\_\_\_ Primary Care Doctor's

Name: \_\_\_\_\_

Name of primary person on Medical Plan or  Self \_\_\_\_\_ Primary Insured's Date of

Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

If using *Medicare*, please provide your Medicare Number: \_\_\_\_\_

**Eye Health and Vision History**

**Date of last eye exam:** \_\_\_\_\_ **By whom?** \_\_\_\_\_

**Date of last physical exam:** \_\_\_\_\_ **Primary Care Doctor:** \_\_\_\_\_ **Last Blood Pressure Reading:** \_\_\_\_/\_\_\_\_

**What type of exam are you here for?**  Spectacle exam  Contact lens exam  Both  Medical Eye Visit

**Do you presently wear?**  Eyeglasses  Sunglasses  Contact lenses, which brand? \_\_\_\_\_

Don't know

**Personal Eye History**  Cataracts  Glaucoma  Retinal Detachment  Loss of Vision  Macular Degeneration  Lazy Eye

Head or Eye Injury

Dry Eye Syndrome  Other \_\_\_\_\_

\_\_\_\_\_  
**Eye Medications** (Please list all drops including over-the-counter )

\_\_\_\_\_  
**Eye Surgery**  Cataract  Lasik  RK

Eye Muscle Surgery  Other \_\_\_\_\_

**Vision Complaints:** Please check any vision complaints or mark  None

Blurred Vision at Distance     w/ Glasses     w/ Contacts    or     w/out correction

Blurred Vision at Near     w/ Glasses     w/ Contacts    or     w/out correction

Blurred Vision at Computer     w/ Glasses     w/ Contacts    or     w/out correction

**For School-Aged Patients...** Are there any challenges with reading and/or learning? Please explain. \_\_\_\_\_

\_\_\_\_\_

**Current Ocular Health Complaints**

or mark  None

**Which eye is affected?**

Right Eye

Left Eye

Both Eyes affected

**Current Symptoms?**

Pain

Pressure feeling

Foreign body sensation

Dry/sandy feeling

Some redness

Extreme redness

Burning

Itching

Eyelid swollen

Eyelid droopy

Eyelid crusty

Watery eye

Lids stuck together upon awakening

Increased light sensitivity

Mucous discharge

Eyelid twitching

**Onset?**

Today

Yesterday

Mornings

Evenings

As the day wears on

Recently (last 7 days)

Increased over time

**Duration?**

One time only

Comes and goes

Persistent

Seasonal

**Severity?**

Mild

Bothersome

Very bothersome

Lessening

Stays the same

Worsening

**Context?**

No known cause

Worse in right eye

Worse in left eye

Both eyes affected

Post-trauma

Please

Explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Eye Medications/ Treatments** (Used recently, including over-the-counter)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Have you seen another provider for this eye health condition?**

No     Yes    If yes, please explain.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**What pharmacy do you prefer?**

Please list the cross streets.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Medical History:** Please check any condition that applies to you or mark  NONE

**Cardiovascular**

High Blood Pressure

High Cholesterol

Heart Attack

Other \_\_\_\_\_

**Constitutional**

Dizziness

Excess Thirst or  Urination

Weight Gain / Weight Loss

**Endocrine**

Diabetes

Thyroid Dysfunction

Pituitary Dysfunction

**Gastrointestinal**

Crohn's Disease

Hepatitis

**Immunologic**

Rheumatoid arthritis

Lupus

Sjogren's Syndrome

\_\_\_\_\_

Other \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Integumentary/Skin**

Eczema    or     Psoriasis

Rosacea

Skin Cancer

**Liver / Lymph System**

Anemia

Leukemia

**Musculoskeletal**

Arthritis

Fibromyalgia

\_\_\_\_\_

Other \_\_\_\_\_

\_\_\_\_\_

**Neurological**

Headaches

Multiple Sclerosis

Other \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Psychiatric**

Depression

Panic Disorder/ Schizophrenia

Drug Dependence

**Respiratory**

Asthma

COPD

Lung Cancer

Sarcoidosis

**Other:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List all

medications: \_\_\_\_\_

\_\_\_\_\_

**Medical**

**Allergies:** \_\_\_\_\_

**Alcohol Use?**  None  Social use only  1-2 drinks daily  Above average use  Alcohol dependence

**Tobacco Use?**  Never smoked  Former smoker  Light smoker (1-9 cigs/day)  Every day smoker

Heavy tobacco smoker  Smokeless tobacco user

**Narcotic Use?**  None  Recreational Use  Chemical Dependence

**Family History:**  Diabetes  High Blood Pressure  Heart Problems  Cancer

Please specify whom \_\_\_\_\_

**Family Eye History:**  Cataracts  Glaucoma  Retinal Detachment  Macular Degeneration  Eye Surgery  Lazy Eye

Other

Please specify whom \_\_\_\_\_

**Optomap Wide-field “Manaco” Retinal Imaging and Tomography**

We use the industries best and newest “Optos Monaco” to help evaluate your retinal health. This is the most important part of everyone’s annual eye exam and will be performed at least yearly on all of our patients to help give the very best exam possible. Patients age 60 and older will also receive an OCT (topomraphy) screening which further assists in analyzing each individual layer of the retina and macula. The Optos Monaco screening is \$39.

**For Contact Lens Wearers \*Annual Contact Lens Evaluation and Fitting\***

Contact lens patients require additional testing and monitoring over and above what is done during a routine eye exam. Contact lenses are medical devices and even though they may feel fine, there are health risks that must be taken seriously. In order to renew your contact lens prescription, your doctor performs the following tests on a yearly basis. These procedures are not part of a standard eye exam.

- Slit lamp microscope examination of the contact lens on the eye to check the lens fit.
  - Slit lamp microscope examination of the cornea, conjunctiva and eyelid tissues, to check the eye health and to look for adverse effects from contact lens wear.
  - Contact lens refraction to determine the correct contact lens prescription power (contact lens prescriptions are different than eyeglass prescriptions).
  - We also review new lens designs, materials and cleaning solutions that may improve comfort and/or health.
- If you have never worn contact lenses, there is an additional training fee of \$35. Contact lens fittings start at \$60.

**For Contact Lens Wearers...**

I acknowledge that I am responsible for paying for the contact lens fitting and per new FTC guidelines, I am also acknowledging that I received a copy of my contact lens prescription at the completion of the contact lens fitting and prescribing process.

If you need printed copies of your prescription, we can also fax or mail them to you at your request.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**For All Patients...**

**Acknowledgement of HIPAA Policies:**

I acknowledge that I have received a copy of the Notice of Privacy Practices.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Acknowledgement of Financial Policies:**

I hereby authorize North Valley Eye Care, P.C. to release information that is required by my insurance carrier. I acknowledge that I am financially responsible for all non-covered charges, including annual contact lens fitting fees.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_