North Valley Eye Care, P.C. • Dr. Justin L. Kohls • Dr. Michelle A. Kohls

Name: Date of birth:/
Cell phone: () Telephone: () Email :
Communication preference? □ Text Message □ Telephone □ Email
Have there been any changes in your overall health since your last visit? ☐ No ☐ Yes, please explain:
Height: Weight: Last Blood Pressure Reading:/
Preferred language? ☐ English ☐ Spanish
Race? □ White □ Hispanic □ Black or African American □ Asian □ American Indian □ Native Hawaiian
Ethnicity? ☐ Hispanic or Latino ☐ Native Hawaiian/Other Pacific Islander ☐ Not Hispanic or Latino
Social History for Adults
Alcohol Use? ☐ None ☐ Social Use Only ☐ 1-2 drinks daily ☐ Above average use ☐ Alcohol Dependence
Tobacco Use? ☐ Never Smoked ☐ Former Smoker ☐ Light Smoker (1-9 cigs/day) ☐ Every day Smoker
☐ Heavy Tobacco smoker ☐ Smokeless tobacco user
Narcotic Use? ☐ None ☐ Recreational Use ☐ Chemical Dependence
For Contact Lens Wearers
Annual Contact Lens Evaluation and Fitting:
Contact lens patients require additional testing and monitoring over and above what is done during a routine exam. Contact lenses are medical devices and even though they may feel fine, there are health risks that mu taken seriously. In order to renew your contact lens prescription, your doctor performs the following tests yearly basis. These procedures are not part of a standard eye exam.
 Slit lamp microscope examination of the contact lens on the eye to check the lens fit. Slit lamp microscope examination of the cornea, conjunctiva and eyelid tissues, to check the eye health and to look for adverse effects from contact lens wear. Contact lens refraction to determine the correct contact lens prescription power (contact lens prescriptions are different than eyeglass prescriptions). We also review new lens designs, materials and cleaning solutions that may improve comfort and/or health.
Your vision insurance may claim to pay for your contact lens fitting, but in this case they always subtract the fitt amount from your contact lens material allowance. When you pay for the contact lens fitting today, you will have your entire contact lens allowance for the purchase of contact lenses (or for glasses lenses if you decide at any time not to purchase contact lenses). If you have never worn contact lenses, there is an additional training fee of \$35. Contact lens fittings start at \$71.
SignatureDate/

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